

Dinner Tips for the Adopt A Meal Program®

935 E. South Temple, Salt Lake City, UT 84102
801-363-4663 ♥ www.rmhslc.org

Thank you for your interest in the Ronald McDonald House. The families who stay at the House are often under a great deal of stress and appreciate a home-cooked, nourishing meal. Below are some helpful hints for meal preparation:

- ! Meals do not need be elaborate. Ideas for meals: hearty salads, tacos, baked potato bars with toppings, chicken or ham, casseroles, soups and sandwiches or chili. A variety of vegetables, fresh fruits, milk, and juice are not necessary, but are greatly appreciated. A barbeque grill is available upon prior request. **Food may not be prepared offsite and brought into the house.**
- ! You will want to plan on serving between 35-40 people.
- ! To help us maintain a quiet and relaxed refuge for our families please keep noise levels to a minimum and limit your group to no more than twelve people. A guardian must accompany and supervise volunteers under the age of 16 at all times.
- ! Please make sure your hands, utensils and cooking areas are *very clean*. Many of our guests are immune compromised. **Please do not visit the House if you are ill.**
- ! We have a large communal kitchen available for food preparation. It is equipped with three ovens, sinks, cookware, and serving utensils. Please make room for families who may need to share the kitchen while your group is here.
- ! Our families' priority is to be at their child's bedside, and we cannot guarantee how many people will attend your scheduled meal. Be assured however, that the families do appreciate your meal and often eat at a later hour when they return from the hospital.
- ! We suggest bringing a disposable container for leftovers; a large refrigerator is available for storage. This will allow family members who stay late with their child at the hospital to eat at their convenience.
- ! We prefer to have dinner served at 6 p.m. You may arrive as early as needed to prepare. When the crowd has diminished after about an hour, you may clean up and pack up the leftovers
- ! As part of your service to the House, please plan for time to prepare, serve the guests, and *clean up*. Our small staff greatly appreciates your help with this.
- ! We have plates and silverware at the House. Paper plates, cups, disposable forks and spoons, are not necessary but could be helpful to you with the cleanup process.
- ! The House is located on the corner of N Street and South Temple on the East side of the Sinclair gas station. Upon arrival to the House, enter at the North door off the parking lot behind the House and ring the doorbell intercom. Please sign in at the front desk and be sure to fill out a donation form.
- ! For better availability, please schedule your dinner well in advance. We recommend having an alternate dinner date available.