

# Babysitting Resources

Child Care Resource & Referral ~ Metro is a private non-profit agency whose mission is to promote quality care for all children through education and support. Although we are only able to provide referrals for licensed child care providers, we recognize resources for temporary “babysitters” are needed. The following information is intended to help individuals find answers to their questions about babysitting. Child Care Resource & Referral ~ Metro can not guarantee quality, or recommend one child care provider or baby-sitting resource over another. To learn more about licensed child care, or to locate a licensed child care provider near you, contact us at 801-355-4847 or [www.cssutah.org](http://www.cssutah.org).

## Babysitting Classes

Cottonwood Heights Recreation Center (801) 943-3190 7500 S 2700 E SLC, Utah 84121	Kearns Oquirrh Park Fitness Center 11-15 year olds (801) 966-4229 x 0 5624 South 4800 West Kearns, Utah 84118
Marv Jensen Fitness Center 10-12 year olds (801) 253-4404 x 4 (Jody) 10300 S Redwood Road South Jordan, Utah 84095	West Valley Family Fitness Center (801) 955-4016 5415 W 3100 S WVC, Utah 84120
Primary Children’s Medical Center 11 years + (801) 662-3500 100 N Medical Drive SLC, Utah 84113	St. Marks Hospital 8-14 year olds (801) 268-7422 1200 E 3900 S SLC, Utah 84124

## Babysitting Web Sites

<a href="http://www.abcteach.com">www.abcteach.com</a>	ABC babysit offers printable activities for babysitters.
<a href="http://www.urbanext.uiuc.edu/babysitting">www.urbanext.uiuc.edu/babysitting</a>	This site is a guide to the business of babysitting and offers information on professionalism and different ages and stages of children.
<a href="http://www.babysittingclass.com">www.babysittingclass.com</a>	Babysittingclass.com offers a Babysitters Certificate Class.

## Babysitting Books

These titles available from the Salt Lake County Library.  
Ask your Librarian to place book on hold or visit [www.slcolibrary.org](http://www.slcolibrary.org)

Title	Author	Call Number
American Red Cross babysitter's handbook	American Red Cross	649.102 Bab
Baby-sitting smarts	Fine, Jil.	Y649.102 Fin
Babysitting	Dayee, Frances S.	Y649.102 Day
Be a super sitter	Salk, Lee	649.102 Sal
Everything you need to know about being a baby-sitter: a teen's guide to responsible child care	Weintraub, Aileen	Y649.102 Wei
The babysitter's handbook	Greene, Caroline	649.102 Bab
The babysitter's handbook	Kuch, K.D.	J649.102 Kuc
The babysitter's handbook: the care and keeping of kids	Brown, Hariet	J649.102 Bro
The new complete babysitter's handbook	Barkin, Carol	Y649.102 Bar
The only baby-sitting book you'll ever need: a guide for parents	Colen, Kimberly	649.102 Col
The ultimate baby-sitter's handbook: so you wanna make tons of money?	Zakarin, Debra Mostow	J649.102 Zak
The what to expect baby-sitter's handbook	Murkoff, Heidi	649.102 Mur

## Babysitting DVDs

This title available from the Salt Lake County Library.  
Ask your Librarian to place DVD on hold or visit [www.slcolibrary.org](http://www.slcolibrary.org)

Title	Call Number
Babysitting 101: your complete guide to becoming the best babysitter!	DVD Y649.102 Bab