

## 2005 - 2006 UTAH PARENTS AS TEACHERS BORN TO LEARN™ ANNUAL PROGRAM REPORT SUMMARY

Parents as Teachers (PAT) is an award winning parent education and family support program serving families throughout pregnancy until their child enters kindergarten. The program is designed to enhance child development and school achievement through parent education accessible to all families. The Parents as Teachers Born to Learn™ model offers families personal visits by certified parent educators; group meetings; developmental, health, hearing and vision screening; and linkage with community resources. It is a universal access model that is adaptable to the needs of diverse families, cultures and special populations. Programs are funded through a variety of public and private sources.

The information contained in this annual program report summary illustrates the reach and impact of PAT Born to Learn™ programs over a 12 month period. Programs can use the PAT quality standards to enhance the quality of services, increase their impact, and broaden their reach to achieve the vision that all children will learn, grow and develop to realize their full potential.

The information in this summary is based on data from 17 Annual Program Reports representing 18 Parents as Teachers program sites in Utah. The typical reporting period is July 1, 2005 to June 30, 2006.

**For more information, contact the Parents As Teachers State Leader for Utah:**

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### PROGRAM REACH

- ◆ 2,570 children
- ◆ 2,098 families
- ◆ Family Ethnicity:
 

0.7% African-American	42.4% Hispanic / Latino
4.0% American-Indian	3.4% Multi-Racial
0.9% Asian	1.8% Other
46.5% European-American (White)	0.1% Unknown

(Based on families whose ethnicity was reported)
- ◆ 14 PAT programs served families with Spanish as their primary language; these PAT families totaled 757 or 36% of all families.
- ◆ 434 families (20.7% of all families) have at least 1 parent who is foreign-born (not a US citizen at birth)
- ◆ 5 families are active duty military.
- ◆ 97% of families had at least one of the following family characteristics:
 

Teen parents	8%
Child with disabilities	7%
Parent with disabilities	2%
Low educational attainment	28%
Low income	60%
Speakers of other languages / limited English proficiency (LEP)	39%
Single-parent household	17%
Chemical dependencies	2%
Foster parents, court-appointed legal guardians, adoptive parents	1%
Transient / numerous family relocations	4%
Involvement with the corrections system	3%
Low birthweight (under 2500 grams or 5.5 lbs.)	10%
Involvement with mental health or social services agencies	7%
Relative who is the primary person in the parent support system	1%
Death in the immediate family	1%
Ongoing health problem of child, parent, or sibling	2%
Children with serious behavior concerns	3%
Referred to Parents as Teachers program because of suspected child abuse	2%
Multiple children under age 5	9%
Uninsured	13%
Homeless or resided in a shelter for at least part of the year	3%
- ◆ Family attrition rate (including families who moved out of the service area) was 26%
- ◆ 76% of programs have a waiting list; 326 families are waiting for services.



**PROGRAM SERVICES AND IMPACT**

**Personal Visits**

- ◆ Programs most commonly offered monthly visits to typical Parents as Teachers families.
- ◆ Programs most commonly offered visits every two weeks to families with greater needs.

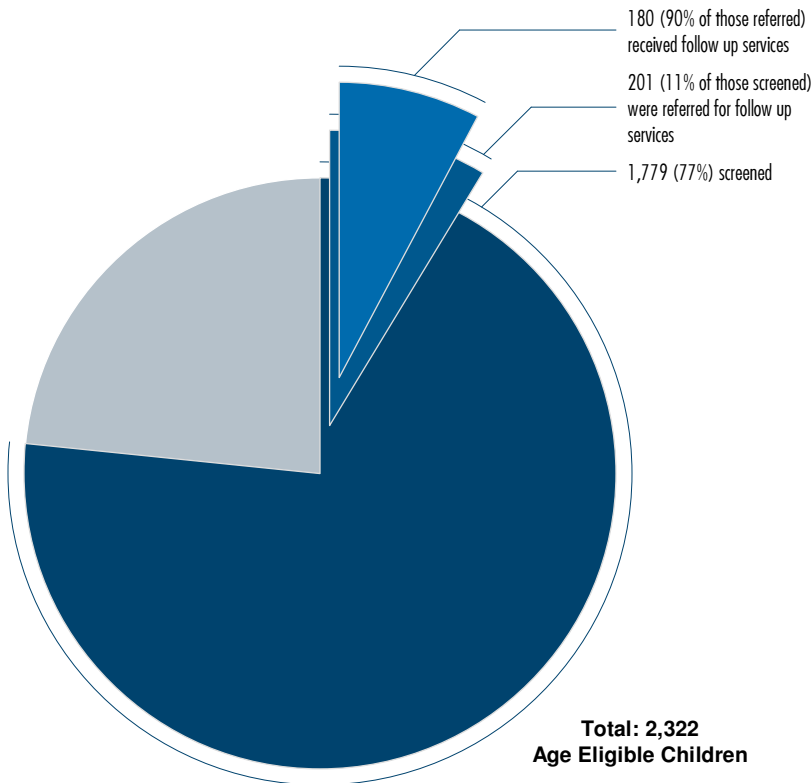
◆ Visits Received	# of Families	% of Families
1 to 5 visits	815	40%
6 to 9 visits	417	21%
10 to 12 visits	320	16%
13 to 19 visits	137	7%
20 or more visits	334	17%

**Group Meetings**

- ◆ 1,219 group meetings were held; 45% of families attended at least one group meeting.

**Screening and Referral**

- ◆ 1,779 children received health and developmental screenings.
- ◆ 201 children, or 11% of those screened, were identified with possible health / developmental problems and were referred for follow up services.
- ◆ 90% of those referred received follow up services.
- ◆ On average, programs report 80% of two-year-olds had up-to-date immunizations.



**Resource Network**

- ◆ 939 families (45%) were linked to at least one community resource during the program year.
- ◆ 31 families were linked to the children's health insurance program.
- ◆ 20 families were referred by Parents as Teachers to the appropriate social service agency because of suspected child abuse or neglect.

**PROGRAM CHARACTERISTICS**

- ◆ Communities Served:
  - 41% Rural
  - 41% Small Town
  - 35% Suburban
  - 59% Urban
  - 24% Major City
 (duplicate count)
- ◆ Programs primarily serve the following ages:
  - 41% Prenatal to 5 years
  - 53% Prenatal to 3 years
  - 6% 3 to 5 years
  - 0% 2 to 5 years
- ◆ Sponsoring Organization:
  - 41% School System
  - 24% Family Resource Center
  - 24% Government Agency
  - 12% Community Action Agency
  - < 1% Child Care Center
  - < 1% Hospital or Medical Facility
  - 18% Health Department
  - 18% University/Extension
  - 35% Private/Public Non-Profit
  - 6% Social Service Agency
  - 6% Tribal Government / BIA
  - 12% Migrant Program
  - 41% Other Collaboration
 (duplicate count)
- ◆ 88% are blended with other early childhood or parent support programs, for example:
  - 4 Even Start
  - 9 Early Head Start
  - 4 Head Start
  - 0 Healthy Families America
- ◆ Programs operate an average of 12 months per year. 88% operate all 12 months.
- ◆ 24% of programs are universal access.
- ◆ 108 parent educators (32 full-time; 76 part-time)
- ◆ 54% parent educators are bilingual; 43% speak Spanish fluently.
- ◆ Parent Educators Per Program:
  - < 1% 1 parent educator
  - 18% 2 parent educators
  - 29% 3 to 4 parent educators
  - 35% 5 to 9 parent educators
  - 18% 10 or more parent educators
- ◆ Education Level of Parent Educators:
  - 6% Masters or Beyond
  - 38% Bachelors
  - 36% Associates
  - 20% Less Than Associates
- ◆ 24% of programs report that they have recently participated in a formal evaluation or research study on child and family outcomes.