



**Utah Home Visiting Programs
Serving Young Children: A Summary**

**Home Visitation for Every Parent
with Young Children in Utah**

*Leadership is the capacity to translate vision into reality.
--Warren G. Bennis*

Table of Contents

Home Visiting Summaries

Programs in Utah and Other States

| | |
|------------------------------------|---|
| Baby Watch Early Intervention..... | 2 |
| Family Preservation..... | 2 |
| Early Head Start..... | 3 |
| Head Start..... | 3 |
| Even Start..... | 4 |
| Nurse Home Visiting..... | 4 |
| Parents as Teachers..... | 5 |

Programs in Limited Areas of Utah

| | |
|---|---|
| Family Support Centers..... | 6 |
| Guadalupe Schools..... | 6 |
| Salt Lake School District Early Childhood Home Visitor Program..... | 7 |
| Utah Federation For Youth..... | 7 |
| Utah Housing Authority of Salt Lake County..... | 8 |
| Welcome Baby Success By Six..... | 8 |

Nationwide Programs

| | |
|-------------------------------|----|
| Healthy Families America..... | 9 |
| HIPPY..... | 9 |
| Home Health Nursing..... | 10 |
| Nurse Family Partnership..... | 10 |
| Parents as Teachers..... | 11 |

Appendix A- Addresses for Home Visitation Programs

Programs in Utah and Other States

| Program | Baby Watch Early Intervention Program | Family Preservation |
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| Model, Philosophy or Goals | To enhance the development of infants and toddlers with disabilities or delay, minimize their potential for developmental delay and to enhance the capacity of the family to meet their special needs. | To provide intensive in-home services to families with children at imminent risk of removal due to abuse and neglect. |
| Description | Through 15 locally contracted programs, an individual Family Service Plan is developed that outlines services needed (i.e. PT., ST., OT.) Services are delivered in the child's home, child care center, or other settings where children without disabilities participate. | Program administered by Utah Department of Human Services, Division of Child and Family Services. Offices are located in community and neighborhoods. Works closely with Protective Services which serve children with substantiated cases of abuse, neglect or a potential risk. |
| Population Served | Utah Children 0-3 who are eligible based on: Diagnoses of current or future potential for delay or an assessment showing 1.5 standard deviations. | Children statewide age 0-18 who are at imminent risk of removal from the home. |
| Means of Admission into Program | Referred by parents, physicians, or anyone in the community. Eligibility is determined by a multi-disciplinary evaluation. | Court ordered or voluntary admission by family. |
| Frequency of Home Visits | The number and type of home visits are determined through the development of an Individual Family Service Plan. Services are based on child need and family priorities. | Intense services: home visits daily to 3 times a week for 2-3 months. If the family moves to Protective Services, supervision and support are continued and the family receives home visits approximately once a month for up to 12 months. Monthly home visits minimally required, more visits per month as needed. |
| Number Served in Utah | Program year 2005/2006, total number of children served was 5,278 or an average of 3,456 per month. Prompt response to all referrals is mandated. No waiting list allowed by law. | 2006/2007 cases: 622, adult/child clients:1,946 Protective Supervision Home Based cases:2,941, adult/child clients: 10,758 |
| Staff Credentials, Case Loads, and Supervision | Professionals with degrees and licenses in their fields. Paraprofessionals: high school graduates and/or those with degrees in an unrelated field, supervised closely by professionals. All staff required to earn on Early intervention credential within 2 years of hire. Case loads vary, average 30 children per FTE. | Professionals: M.S.W. or B.S. in psychology or social work with Family Preservation training. Case loads of 2-6 per caseworker. Supervised by L.C.S.W. 3 supervisory group sessions held per case. Protective Services use B.A.s in related fields , case loads of 12-18 |
| Funding Sources | Federal grant State Appropriation Families sliding fee scale pay \$10 to \$100 a month | State and Federal funds. |
| Evaluative Mechanisms | Program monitoring for compliance to Federal regulations; including individual case reviews and child outcomes evaluations. Parent satisfaction surveys. | The status of the child and family's satisfaction with service is reviewed by a quarterly progress summary. Computerized data for measuring outcomes, case file reviews, external review, and qualitative reviews examine all programs |
| State Contact | Susan Ord, Program Manager (801) 584-8226 | Angela Robbins Home and Community Programs (801) 538-4163 arobbins@utah.gov |

Programs in Utah and Other States

| Program | Early Head Start | Head Start |
|--|--|--|
| Model, Philosophy or Goals | Children benefit from a comprehensive, interdisciplinary program that involves and empowers parents. Partnerships with agencies and organizations in the community are essential to meeting family needs. Head Start has learned that a combination of home visiting and classroom experiences is most beneficial to families and children. | Same as Early Head Start |
| Description | Provides high quality early education and comprehensive services. Services include educational experiences, access to immunizations, medical and dental screenings and services, mental health services, social services, nutrition, parent involvement and services for pregnant women. Early head start programs can either be home-based or center-based. In home-based programs, home visitors help parents provide to their child the same experiences and activities provided to children in center-based programs. All Head Start Programs are unique and individualized to meet the needs of the community in which the program resides. Local Head Start programs may use a center-based model, a home-based model, or a combination of both models in their service delivery. | Provides high quality early education and comprehensive services. Services include educational experiences, access to immunizations, medical and dental screenings and services, mental health services, social services, nutrition, parent involvement and services for pregnant women. Head Start programs can either be home-based or center-based. In home-based programs, home visitors help parents provide to their child the same experiences and activities provided to children in center-based programs. All Head Start Programs are unique and individualized to meet the needs of the community in which the program resides. Local Head Start programs may use a center-based model, a home-based model, or a combination of both models in their service delivery. |
| Population Served | Families with children age 0 to 2 years and expectant parents. Must meet income guidelines, 100% of poverty level. Ten percent of enrollment is reserved for children with disabilities. In 2005/2006, Early Head Start served families in 6 regions: Box Elder – Cache County Region Davis County Utah County Carbon – Grand – San Juan County Region Washington/Arizona strip Granite/Murray School Districts | Families with children from 3 to 5 years old. Must meet income guidelines, 100% of poverty level. Ten percent of enrollment is reserved for children with disabilities. Head start serves children in all Utah counties except Daggett. |
| Means of Admission into Program | Self-admission, referral, recruitment by Local Education Agency. | Self-admission, referral, recruitment by Local Education Agency. |
| Frequency of Home Visits | One home visit a week for a minimum of 90 minutes and at least 2 group socialization experiences a month. | Six home visits a year by the Family Service Specialist and two home visits per year by the teacher. |
| Number Served in Utah | For program year 2005/2006 651 children were served by Early Head Start. | For program year 2005/2006, a total of 6,547 children in Utah were served by Head Start |
| Staff Credentials, Case Loads, and Supervision | Professionals: Home Based Family Educators are encouraged to hold degrees or credentials in a related field. Typically Home Based Family Educators are supervised by Family Service Specialists who report to the program director. Home visitors carry a case load of 10-12 families. | Professionals: Family Service specialists and teachers are encouraged to hold degrees of credentials in a related field. Typically, Home Visitors are supervised by the Family Service and Education Specialists who report to the Program Director. Home visitors may carry case loads of up to 64 families. |
| Funding Sources | Federally funded. Some states supplement with State dollars, Utah does not. | Federally funded. Some states supplement with State dollars, Utah does not. |
| Evaluative Mechanisms | Research-based performance standards list objectives and evaluation guidelines. Parents are involved in the evaluation process. All Head Start programs receive site visits and reviews every 3 years. | Research-based performance standards list objectives and evaluation guidelines. Parents are involved in the evaluation process. All Head Start programs receive site visits and reviews every 3 years. |
| State Contact | Utah Head Start – State Collaboration Director Janna Forsgren 801-538-9312 | Utah Head Start – State Collaboration Director Janna Forsgren 801-538-9312 |

Programs in Utah and Other States

| Program | Even Start | Nurse Home Visiting |
|--|---|---|
| Model, Philosophy or Goals | The purpose of Even Start is to empower parents to be full partners in their young child's education and to help break the cycle of poverty and illiteracy by improving the education opportunities of low-income families through the integration of early childhood education, adult literacy, adults high school completion & English skills and parenting education into a unified family literacy program. | To optimize the overall health and well-being of children within the State, and to ensure that children and their families have access to needed health care and related services that contribute toward this end. To support and strengthen the family's capacity to meet their own needs and those of their children. |
| Description | Even Start includes home-based and center based services with daily adult education classes and early childhood education classes. The parents attend parenting education weekly and parent/child literacy activities each week. The PAT home visits occur monthly with other outreach visits included as needed. The Parent Educators provide many resource referrals to families. | Local public health nurses provide home visiting for at-risk families with children. Nursing interventions include assessment and referral which focus on improvement of child growth and development, access to health care and related services, parenting education, and health and safety promotion. |
| Population Served | Families with children age 0 to 8 years, with the parent having an education need (Adult basic education or English as a Second Language (ESL)). Family must meet income guidelines, 100% - 130% of poverty level and have a low education level (below high school). | Pregnant women and children birth -5 years who are at risk such as: teen mother, single mother, baby with low birth weight, parent without a high school diploma education, etc. Services are presently available in all counties except Summit. |
| Means of Admission into Program | Self referral, Adult Education staff referral, LEA referral and community agency referral. Family must qualify as 'most in need' determined by low income level, low literacy (usually below 9 th grade). | Voluntary eligibility Referral by hospitals, WIC, CHEC, schools, public agencies, health care providers, others Actively recruited from vital statistics records or by personal invitation in the maternity ward of hospitals. |
| Frequency of Home Visits | One PAT <i>monthly</i> home visit year-round (11-12 mos.) for 90 minutes with other outreach visits as determined by family needs. The parent attends a 2-hour <i>weekly</i> parenting education class (group meeting) and a 45 minute parent/child interactive literacy activity. | Varies. Depending on the individual situation, visits may be weekly at first and diminish to monthly when appropriate. Visits terminate when a need is no longer demonstrated. |
| Number Served in Utah | 55 families each year usually with 2-3 children. There are 2 sites in Utah: Granit School District and Iron County | 5,977 unduplicated children statewide that received a home visit during state fiscal year 2006 (July 1, 2005 - June 30, 2006). |
| Staff Credentials, Case Loads, and Supervision | All ES staff has Bachelor degrees in the Social Sciences, Early Childhood Education, or Communications. The Parent Educator's supervisor is the Program Coordinator who is required to have a Masters degree in a related field (Education) and specific training in administering a family literacy program. Home visitors carry a case load of 10 – 12 families based on the annual grant amount. | Professionals: Registered nurses, supervised by nursing directors. Paraprofessionals: Home visitors with unrelated educational background or experience as a mother. Must complete a training program. Supervised by nurses. Public health nurses have very high caseloads, usually working a variety of public health programs |
| Funding Sources | Federally funded. The federal portion decreases over time. Currently 35% federal funds 65% local match funds | Local health departments receive federal Maternal and Child Health Block Grant dollars from the state for the program. Some programs are supplemented by local tax base dollars or other funding sources. |
| Evaluative Mechanisms | Annual independent program evaluation, submitted to the State Office of Education. compliance with the 'State Quality Indicators'. They are measured with pre and post federally required tests: Adults: TABE or CASAS and the PEP; Children: PPVT, Brigance or ASQ, PALS (Pre-K) and DIBELS (or other reading level measurements) school-age. | Local programs are required to provide information on numbers served. Each case is evaluated by the public health nurse on an ongoing basis. |
| State Contact | Utah Even Start State Director – Sharon Lay, USOE Early Childhood Specialist, 801-538-7599. | Nan Streeter, MS, RN MCH Bureau Director UDH 801.538.6869 nanstreeter@utah.gov |

Programs in Utah and Other States

| Program | Parents As Teachers |
|--|---|
| Model, Philosophy or Goals | Babies are born learners and parents play a critical role from the beginning in determining what their children will become. Program goals are to empower parents as the child's first teacher, to prepare children for school, to prevent and reduce child abuse, and to develop home-school-community partnerships on behalf of children. |
| Description | Parent educators provide information on child development and age-appropriate activities, provide group meetings, monitor children's growth and development, and link families with needed community services. Parent Educators set goals with families and customized lessons to fit the families needs. |
| Population Served | Prenatal women and parents of children age 0 to 5 years are currently served in the following counties: Duchene Salt Lake Utah Cache |
| Means of Admission into Program | Voluntary |
| Frequency of Home Visits | Variable. Usually, 1 hour long visits scheduled monthly, biweekly, or weekly, depending on family needs, and local program budget restrictions. |
| Number Served in Utah | In 2005/2006 964 families |
| Staff Credentials, Case Loads, and Supervision | Professionals: Most educators are B.S./M.A. in Education or Family, Child and Human Development or other related fields. Parent educators receive one week of pre-service training in delivering the PAT model. Case load averages 15 per parent educator. Supervised by B.S./M.S. PATNC certified supervisors |
| Funding Sources | Federal Grant to Utah Parent Information Resource Center and private foundation grants. |
| Evaluative Mechanisms | Evaluations are done in accordance with the PAT National Center Quality Standards. Every three years programs are expected to complete a self-assessment process that covers service delivery and program management indicators. |
| State Contact | Meg Buonforte Utah Parents as Teachers Director 801-326-4407 upat@cssutah.org |

Programs in Limited Areas of Utah

| Program | Family Support Centers | Guadalupe Schools |
|--|--|--|
| Model, Philosophy or Goals | Devoted exclusively to protecting children and strengthening families. Mission is to prevent child abuse and neglect in all its forms. Eleven centers in Utah work independently and within meaningful community collaborations to treat Utah parents and children who live with the effects of abuse. | To teach disadvantaged children the vision and skills needed to live productive, rewarding lives. The goal of the Home Based Preschool is to have children enter the School Based Preschool at expected norms and at age-appropriate developmental levels academically, physically, and socially. A subsequent goal for the School Based Preschool is that children will enter kindergarten "ready to learn," and progress on par with their age group. Bilingual workers are available to better serve the community. |
| Description | Each Family Support Center is funded differently and thus provides services to their respective communities on different levels. Full service agencies such as Family Support Center of Ogden, Family Connection Center of Davis County, Family Support Centers, Inc. , of Salt Lake City provide parenting education, home visits, counseling, crisis nursery services, educational materials, speakers bureau for the prevention of child abuse, and community partnerships. Smaller and more remote centers may not provide home visits or counseling. | Parent educators complete an individualized lesson plan for each child in the Home Based programs. Parent Education is strengthened during mother/toddler groups held 6 times a year. Each group runs five weeks with one meeting a week. |
| Population Served | While certain agencies may be limited to serving families who are at risk with children age 0-18 years, generally any family desiring these services may participate in programs offered. Efforts are made to reach out to ethnically diverse communities. Family Support Centers in Utah presently serve families in the following counties: Box Elder Cache * Carbon Daggett *Davis (2) Emery *Morgan Rich Grand *Salt Lake (2) Uintah Utah *Summit Weber (* - offers home visiting services) | Children birth to age 3 and their parents who are at risk of being unprepared to enter kindergarten. Risk factors used to target incoming students are: Poverty level equivalent to qualify for the Federal Government Child Nutrition program. Children reside within a specific central city area of Salt Lake City (between 700 E, 1300 S, 1900 W, and 1900 N). Children have been screened and identified as having developmental delays by Developmental Disabilities, Inc. |
| Means of Admission into Program | Voluntary, court-ordered, referral from other agencies. Admissions may be limited to program size. | Referral by family or friends who have some experience in the program. Some referrals by DFS of FACT program. Referred child must meet eligibility criteria. |
| Frequency of Home Visits | Varies based on individual programs. | Weekly 60 minute visits, year round. When the child is 4 years old he enters the School Based Preschool program. |
| Number Served in Utah | Unavailable, each Center documents the number of families served each year. | Currently serving 75 children and 64 families. Waiting list. |
| Staff Credentials, Case Loads, and Supervision | Professionals: degrees in social work, psychology, or family therapy. Paraprofessionals: parent advocates with various backgrounds, community volunteers, Foster Grandparents. Supervised by professionals. | Professionals: Have education or experience in working with young children and parents and have interpersonal skills well suited for the position. One is bilingual. Case Loads: up to 23 children per week Supervision: 4 full time parent educators supervised by Preschool director, weekly staff meetings. |
| Funding Sources | Federal, State, and/or local contracts Private donations United Way Children's Trust Fund Private foundations Corporate donations Fundraising efforts Client fees, based on ability to pay | Government Grants. City Community Development Block Grant Children's Trust Fund Contributions by private foundations, corporations, individuals, and fund raisers. |
| Evaluative Mechanisms | Each center may evaluate its effectiveness differently. Some examples of program evaluation used are parent survey, increased public demand for services, and pre and post tests such as Child Abuse Potential IV Inventory, Bavolek's Nurturing Quiz and AAPI, or the Home Observation Assessment. | Ongoing, progress noted on weekly lesson plans, summarized and submitted in quarterly reports to director. Immunizations and attendance at mother/toddler groups are tracked. |
| State Contact | Shelly Price Executive Director of Family Support Centers, Inc. 801-255-6881 | Patty Walker, Preschool Director 801-531-6100 ext 104 |

Programs in Limited Areas of Utah

| Program | Salt Lake School District Early Childhood Parents as Teachers Home Visitation Model | Housing Opportunities Inc. Of Salt Lake County |
|--|--|--|
| Model, Philosophy or Goals | Parent are the first and best teacher of their children. Home visitor in Salt Lake City School District strive to empower parent by assisting them to gain the skills they need to provide a safe, stable, and enriching environment for their children. Primary goal is to ensure that all children enter school ready to learn | Increase parents' family management skills; Increase parents' knowledge and understanding of child-rearing and child development; Increase parents' confidence in their parenting skills; Increase parents' promotion of language and literacy promoting behaviors. |
| Description | Salt Lake School District provides resources to Parent educators to provide information on child development and age-appropriate activities, provide group meetings, monitor children's growth and development, and link families with needed community and school services that are beyond the scope of the program. Parent Educators follow a detailed program curriculum, specific to the age and needs of the child. | This is the first time Housing Opportunities Inc. (HOI) has provided Parents As Teachers Born to Learn curriculum to the families in public housing. HOI provides a home-based program for all the participants. There is a community center on site for the parent group meetings and screenings at each of the nine sites served. Participants in the program will be able to access additional resources through this program. HOI has combined our home visitation program with a Tobacco Prevention and Control Program grant for Smoke Free Homes. HOI is currently creating steering committee to help guide program development and network resources. |
| Population Served | Pregnant women and their families with children age 0-6 years who live in the boundaries of Salt Lake School District | Families with children age 0 to 3 years and expectant parents living in subsidized housing provided by the Housing Authority of the County of Salt Lake. Families must live in one of nine public housing communities. |
| Means of Admission into Program | Referral by schools, , Teen Mom Program, and health fairs and neonatal hospitals. | Self-admission, referrals from public housing managers & Family Self Sufficiency case managers, recruitment through newsletters and knock and talks. |
| Frequency of Home Visits | Varies from once a week to once a month depending on the need of the family | A minimum on one home visit per month for 1 hour. Parent Groups are hosted two times a month. One screening per program year. |
| Number Served in Utah | 182 | HOI plans to serve 45 families in fiscal year 2008. |
| Staff Credentials, Case Loads, and Supervision | Paraprofessionals: home visitors with unrelated backgrounds receive training, suitable interpersonal skill for the position. Case loads:15 Parent educators report to Salt Lake City School District PAT supervisor and collaborate with school principals and school staff | Parent Educator: Holds a bachelor's degree with 2 years of previous experience working with youth. Certified Parent Educator through Parents As Teachers National Center. The Parent Educator plans to have a case load of 45 families. Supervisor: Holds a bachelors degree. Certified Supervisor through PATNC. |
| Funding Sources | title 2 at risk homeless and at risk students, Salt Lake School District | Salt Lake County Division of Substance Abuse. |
| Evaluative Mechanisms | Tack families through student data base. Follow PAT national Quality Standards Self Assessment tool. | Family assessments will be conducted as the family registers for the program, at the end of every program year, and when the family graduates out of the program. Focus groups will be hosted at the beginning of each program year. Attendance records and family satisfaction surveys will also be used to evaluate program success. |
| State Contact | Ann Cook Early Childhood Specialist 578-8563 | Elissa Jorgensen Youth Programs Coordinator 801-284-4441 |

Programs in Limited Areas of Utah

| Program | Welcome Baby Success by Six |
|--|--|
| Model, Philosophy or Goals | This home visitor program is committed to helping new parents face the uncertainties that come from raising a child. The program seeks to help parents feel more secure and confident by providing them with valuable information in the following areas: A Healthy Beginning, Knowledgeable Parenting, and Family Resources. The research-based philosophy states that from conception to age six is the key time period to enhance physical, intellectual, emotional and social well-being. |
| Description | Volunteers visit first time families within their homes. Volunteers are experienced mothers, grandmothers and couples. Volunteers provide parenting information regarding child health and safety, child development, brain development, and discipline. Volunteers also share age appropriate activities to help with parent child interaction that supports childhood development. They also connect families to community resources as needed. Volunteers work closely with Health Department nurses to offer families nursing services whenever appropriate. |
| Population Served | All new parents in Utah County. |
| Means of Admission into Program | Families are recruited through a variety of outreach programs including mailings, internet, prenatal classes, community fairs, agency referrals and hospital visitations. |
| Frequency of Home Visits | Usual schedule is monthly unless the family demonstrates a greater need. |
| Number Served in Utah | Currently serving close to 75 families through home visitations. Supporting seven playgroups with curriculum for young parents to lead within their own neighborhoods. |
| Staff Credentials, Case Loads, and Supervision | Volunteers: must successfully complete screening process and training program Professionals: Registered Nurses from the Utah County Health Department participate in training and mentoring volunteers. Supervised by Program Volunteer Coordinator with support from the Bureau of Child Health Services Director. Case Loads: 30 volunteers carry approximately 2-3 families each. |
| Funding Sources | Welcome Baby is funded by a partnership of local community organizations, United Way, and private donations. |
| Evaluative Mechanisms | Number of Families contacted and retained for a period of six months. Parent and Volunteer surveys. Number of playgroups developed and supported. Attendance at Group Meetings. |
| State Contact | Barbara Leavitt, Welcome Baby Coordinator, 801-691-5304 Marla Raff, Bureau of Child Health Services, Director 801-351-7059 |

Nationwide Programs

| Program | Healthy Families America | Home Instruction for Parents of Preschool Youngsters (HIPPY) |
|--|---|---|
| Model, Philosophy or Goals | To promote positive parenting, encourage child health and development, and prevent child abuse and neglect. Program is based on change theory for participants and communities. | Goals: To empower each parent to take an active role in their child's learning while reinforcing basic skills. To build readiness skills for preschool children bringing their school entry levels closer to those of the norm. Foster an appreciation for learning in the children through success with sensorial based activities. Encourage parents to return to school to pursue their own academic goals or seek job training. |
| Description | A nationwide system that links families to health care services and community resources. Provides home visits that focus on child development education, child care giving, and family support. Assists families in maintaining up-to-date immunizations for the child. | Offers a structured three-year curriculum available in both English and Spanish that focuses on visual and sensory discrimination, language development, problem-solving, story comprehension, logical thinking and perceptual discrimination skills. The curriculum is delivered and modeled each week by a home instructor, who will role-play the upcoming packet with the parent. This modeling method allows parents to learn in a non-judgmental way to work with their child and gain confidence in their abilities. Also includes monthly group meetings. |
| Population Served | Parents of varied ethnicity and income levels who are identified at the time of the child's birth as at-risk for child abuse and neglect. Over 30% of programs exist in 38 states and the District of Columbia. | Parents of preschool children aged 3-5 and economically disadvantaged. |
| Means of Admission into Program | Voluntary. | Voluntary. |
| Frequency of Home Visits | Weekly fading to quarterly, participation lasts 3-5 years. | Once a week. |
| Number Served Nation Wide | An estimated 18,000 families were enrolled in the 270 programs across the country. | In the 2006-07 program year, there are 146 HIPPY program sites in 25 states and the District of Columbia, serving over 16,000 children and their families. |
| Staff Credentials, Case Loads, and Supervision | Professionals: Have related education, experience, and personal traits that enable home visitors to engage families and establish trusting relationships. Home visitors attend a required 40-hour introductory training course and ongoing training and course work. Limited case loads. Supervised by program managers and planners. | Professionals: HIPPY educators receive extensive training on the HIPPY curriculum as well as ongoing trainings. |
| Funding Sources | State funds, Children's Trust Funds, local charities, and possibly TANF. | Programs are sponsored by different community agencies, who get their funding from a variety of resources. |
| Evaluative Mechanisms | Credentialing process through Prevent child Abuse to document that each HFA program adheres to critical elements. PCA America links evaluation research with practice, HFA Research Network publish research studies. | Demographic and process data is gathered annually and processed to facilitate efforts to support programs through training and technical assistance. |
| State Contact | LaRae Scott, Parent Support Coordinator 801-532-3404 or 1-800-CHILDREN | No state contact see, www.hippyusa.org |

Nationwide Programs

| Program | Home Health Nursing | Nurse-Family Partnership |
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| Model, Philosophy or Goals | To provide holistic home health care, addressing the medical, social, and emotional needs of children, families and adults with referrals to community agencies as needed for ongoing follow-up care. | Nurse-Family Partnership, guided by strong theoretical orientation, consists of intensive and comprehensive home visitation by nurses during a woman's pregnancy and the first two years after birth of the woman's first child. While the primary mode of service delivery is home visitation, the program depends upon a variety of other health and human services in order to achieve its positive effects. |
| Description | Nurses provide holistic home health care through non-profit agency services such as Community Nursing Services (CNS) or for non-profit home health agencies, such as Health Maintenance Organizations (HMOs) or privately owned agencies. Services include assessment, administration of medication, blood products, pain management, and teaching related to home health care. Some agencies may have community service programs targeted to Maternal and Child Health Outreach, but these services are not typically delivered by home visits. | Nurse home visitors work with families in their homes during pregnancy and the first two years of the child's life. The program is designed to help women improve women's prenatal health and the outcomes of pregnancy; improve the care provided to infants and toddlers in an effort to improve the children's health and development. Typically, a nurse visitor is assigned to a family and works with that family throughout the duration of the program. |
| Population Served | People of all ages throughout the state with acute health care needs, upon discharge from a hospital. Dying patients also served through hospice services. | Low-income, first time pregnant mom, no later than the 28 th week until the child is two years old. |
| Means of Admission into Program | Requires a referral from a hospital or doctor. Patient required to use a home health agency that is a preferred provider for his insurance company. | Voluntary. |
| Frequency of Home Visits | Depending on individual patient's needs. Visits vary from more than once a day to once a week or once a month. | Once a week or more often. |
| Number Served Nation wide | Not available. | Over 700 nurses are currently delivering NFP to more than 13,000 families on any given day in approximately 270 counties across the United States. |
| Staff Credentials, Case Loads, and Supervision | Professionals: RN Case managers and M.S.W. counselors. Also staffed with physical therapists, occupational therapists, and certified nursing assistants. Paraprofessionals: Volunteer coordinator provides extensive training and supervision of volunteers. Staff is supervised by RN Program Director. Case loads vary from moderate to moderately high. | Professionals: NFP visitors are registered nurses who have been trained as home visitors. |
| Funding Sources | Insurance, Medicaid, United Way, and private grants. | Funding comes from the state level. |
| Evaluative Mechanisms | Quality control team reviews all orders, admissions, and charting at CNS. CNS holds CHAP accreditation. | Evaluation is done by the National Center for Children, Families and Communities (NCCFC). Data collected by nurse home visitors at local sites is reported through the Nurse-Family Partnership's web-based Clinical Information System (CIS). |
| Contact | Visiting Nurse Association of Utah Lois Weagle, 801-233-6245 | No state contact , see www.nursefamilypartnership.org |

Nationwide Programs

| Program | Parents As Teachers |
|--|---|
| Model, Philosophy or Goals | Babies are born learners and parents play a critical role from the beginning in determining what their children will become. Program goals are to empower parents as the child's first teacher, to prepare children for school, to prevent and reduce child abuse. |
| Description | Parent educators to provide information on child development and age-appropriate activities, provide group meetings, monitor children's growth and development, and link families with needed community and services that are beyond the scope of the program. Parent Educators follow a detailed program curriculum, specific to the age and needs of the child. |
| Population Served | Prenatal women and parents of children age 0 to 5 |
| Means of Admission into Program | Voluntary admission is determined by the program protocol. |
| Frequency of Home Visits | Variable. Usually, 1 hour long visits scheduled monthly, biweekly, or weekly, depending on family needs, and local program budget restrictions. |
| Number Served Nation wide | 305,758 children, 246,660 families |
| Staff Credentials, Case Loads, and Supervision | Professionals: B.A.,M.S. PhD paraprofessionals All parent educators receive one week of pre-service training in delivering the PAT model by trainers certified by the Parents as Teachers national Center (PATNC). Case load vary. Supervised by the local administering agency. |
| Funding Sources | A variety of local, state, and federal funding sources as well as private foundations. |
| Evaluative Mechanisms | PAT parent educators conduct evaluations at the end of each visit. Programs submit annual reports about the services delivered and populations served. Curriculum guide and training are evaluated and updated periodically. |
| State Contact | Parents as Teachers National Center 866-PAT4YOU |

APPENDIX A

Address of Utah Home Visiting Programs

Baby Watch Early Intervention

Susan Ord, Program Manager
44 North Medical Drive
PO Box 144720
Salt Lake City, UT 84114
801-584-8228

Early Head Start and Head Start Programs

Bear River Head Start
75 S 400 W
Logan, UT 84321
435-753-0951

Centro de la Familia de Utah Migrant Head Start
3780 S West Temple
Salt Lake City, UT 84101
801-521-4773

Davis Head Start
320 S 500 E
Kaysville, UT 84037
801-546-7309

Davis Early Head Start
320 S 500 E
Kaysville, UT 84037
801-546-7309

Ute Indian Head Start
PO Box 265
Fort Duchesne, UT 84026
435-722-2863

South East Head Start
217 E 7800 S
Midvale, UT 84047
801-565-7317

Kids on the Move Early Head Start
475 W 260 N
Orem, UT 84057
801-221-9930

James R Russell Head Start
1240 American Beauty Drive
Salt Lake City, UT 84116
1-800-578-8173

Mountainland Head Start
264 W 300 N
Provo, UT 84601
801-375-7981

Murray Head Start Lab School
74 W 6100 S
Murray, UT 84107
801-264-7491

Ogden Area Community Action Agency Head Start
3159 Grant Ave
Ogden, UT 84401
801-399-5809

Rural Utah Child Development Head Start
150 W Main St
Wellington, UT 84542
435-637-4960

Salt Lake Community Action Program Head Start Center
1307 S 900 W
Salt Lake City, UT 84104
801-977-1122

Southern Utah University Head Start
SUU Box 9587
Cedar City, UT 84720
435-586-6070

Even Start Programs

Even Start Literacy Program
Granite School District
2500 S State Street
Salt Lake City, UT 84115
801-646-4672

Iron County Even Start
2077 W Royal Hunte Dr.
Cedar City, UT 84720
435-586-2804

Family Preservation

Main telephone number for referrals to any part of the state:
801-536-4100

Family Support Centers

(* programs with home visitation)

Box Elder County
276 N 200 E
Brigham City, UT 84302
435-723-6010

Cache County
380 W 1400 N
Logan, UT 84321
435-752-8880

*Davis County
Family Connection Center
1360 E 1450 S
Clearfield, UT 84105
801-773-0712 or
801-766-4540

*Ogden
2780 Madison Ave
Ogden, UT 84403
801-393-3113

Family Support Center, Inc. (Salt Lake)
2020 S Lake Street
Salt Lake City, UT 84102
801-487-7788

Family Support Center, Inc. (Midvale)
777 W Center St.
Midvale, UT 84047
801-255-6881

Southwestern Utah
163 N 300 W
Cedar City, UT 84720
435-586-0791

Uintah Basin
259 N 700 E
Roosevelt, UT 84066
435-722-2401

Utah Valley
1255 N 1200 W
Orem, UT 84057
801-229-1181

Guadalupe School
340 Goshen St.
Salt Lake City, UT 84104
801-531-6100

Healthy Families America

Primary contact: Anne Freimuth
Executive Director – Prevent Child Abuse Utah
2955 Harrison Blvd., Suite 104
Ogden, UT 84403
801-393-3366

Home Visitor Program

Salt Lake City School District
440 E 100 S
Salt Lake City, UT 84111
801-578-8206

Nurse Home Visiting, Local Health Departments

Bear River Health Department
655 W 1300 N
Logan, UT 84341
435-752-3730

Central Utah Public Health Dept.
70 Westview Dr.
Richfield, UT 84701
435-896-5451

Davis County Health Department
50 E State Street
Farmington, UT 84025
801-451-3340

Salt Lake Valley Health Department
2001 S State Street S-3800
Salt Lake City, UT 84190
801-468-2843

Southeastern Utah District Health Department
28 S 100 E
PO box 800
Price, UT 84501
435-637-3671

Southwest Utah Public Health Department
620 S 400 E
St. George, UT 84770
435-673-3528

Tooele County Health
151 N Main Street
Tooele, UT 84074
435-843-2300

Tri-County Health
147 E Main
Vernal, UT 84078
435-781-5475
Toll free 1-866-275-0246

Utah County Health Department
151 S University Ave
Provo, UT 84601
801-851-7025

Wasatch County Health Department
55 S 500 E
Heber City, UT 84032
435-654-2700

Utah Parents as Teachers

124 S 400 E Suite 450
Salt Lake City, UT 84111
801-326-4411
Call for contact information for local programs in San Juan, Duchesne, Utah, Logan, and Cache counties.

Welcome Baby Success by Six Program

United Way of Utah County
148 N 100 W
Provo, UT 84603
801-374-8108