

Ways to reduce your footprint



There are many things you can do to shrink your environmental footprint – the amount of carbon dioxide your everyday activities produce. Easy changes you can make:

- Sign up for our **Blue SkySM renewable energy** program to further offset your energy use.
- Set your thermostat at **68°F in the winter** and **78°F in the summer**.
- **Drive less.**
- Take advantage of our **energy efficiency incentives and programs** for homes and businesses, which save energy and money.
- **Plant trees.**
- Switch to **compact fluorescent** light bulbs.
- **Turn off lights, computers and appliances** when you're not using them. Equipment in standby mode still draws power.
- **Recycle; reduce** the amount of trash you discard, and compost yard and kitchen waste.

Insulate your walls and attic. Check the R-value* when purchasing insulation. To prevent drafts, inspect seals around windows and doors. Consider installing double-glazed windows to keep heat in during the winter and out in the summer.

* R-value is a measure of insulating power or ability to resist the flow of heat. Higher R-values mean greater insulating power, which means greater household energy savings and greater cost savings.

Sign up for your utility's green power option, such as our Blue Sky program. When you buy 100 kilowatt-hours of wind energy each month for a year, you'll keep almost 2,700 pounds of carbon dioxide out of the air – as much as your car makes when driven 2,500 miles. Consider using micropower, such as solar panels or a small wind turbine, to generate electricity for your home.

To reduce the emissions from transporting food, choose locally-grown, seasonal produce. Plant trees to help offset your carbon emissions.

Install a low-flow showerhead and faucet aerators to heat water with less energy.

Replace old appliances with ENERGY STAR® qualified models. Save money, energy and perhaps qualify for an incentive through your utility.

Install a programmable thermostat to automatically adjust the temperature at night and when you're away from home. Also, use up to 75 percent less energy for lighting by switching to compact fluorescent light bulbs.

Take public transportation, bicycle or walk to work. When you drive, keep your car's tires properly inflated, the air filter clean and plan regular tune-ups. Travel wisely and reduce emissions with an electric or hybrid car.

Turn off your computer and other electronics. Leaving them on standby is like leaving a faucet running. Plug home office equipment into a surge protector, then unplug the strip when appliances are not in use.

Change your furnace filter regularly for maximum efficiency. To reduce the energy used by your water heater, insulate pipes and set the temperature to 120°F.

Reduce your waste and recycle paper, plastic, glass and aluminum. Buy products that contain recycled materials, have minimal packaging or are reusable.

For more information,
**check out these
online resources:**

Pacific Power – www.pacificpower.net

Energy Trust of Oregon – www.energytrust.org

Energy Star – www.energystar.gov

U.S. Environmental Protection Agency – www.epa.gov

U.S. Department of Energy – www.energy.gov