

# 2009-2010 Intermountain Athlete Team Agreement

## **Team Rules**

Members of Intermountain teams are required to abide by the USSA code of conduct.

Additionally, team members:

- are prohibited from using or possessing illegal drugs;
- are prohibited from using or possessing alcohol; the exception being athletes who are 21 and older. Athletes who are of legal drinking age must refrain from buying, possessing or using alcohol in or around IMD Team housing and in the proximity of IMD athletes who are under the age of 21.
- are required to attend all team meetings unless excused by the head coach;
- will observe the curfew established by the coaching staff;
- will reside in the room to which they are assigned by their home Head Coach or by IMD when applicable, and share responsibility with their roommates for damages or rule violations that occur in the room when it is not possible to establish individual responsibility;
- will remain with the team on IMD cooperative housing project except with the knowledge and permission of the coaches and Intermountain Director.
- will observe any additional rules established by the coaches.
- under 18 are prohibited from using or possessing tobacco. Those 18 and older may not use tobacco in the team vans or housing, in the race arena, or in the presence of team members under 18.
- Will pay all fees in a timely manner.

## **Discipline Guidelines & Violation Definitions**

### Violation Definitions

Major violations of Team Rules are:

1. Any violation involving drugs or alcohol.
2. Major curfew violations (more than 1 hour), theft, vandalism, or assault.
3. Any action resulting in arrest.
4. Any other offense determined to be particularly out of line by the Head Coach for the trip in consultation with the Intermountain ACC Chairman.

Minor violations of Team Rules are:

1. Any violation that is not a major violation.

### Possible Disciplinary Action for Major Violations

Any sanctions imposed by IMD shall comply with the USSA Code of Conduct. Possible sanctions include the following:

1. Suspension from the team and loss of future team participation.
2. Suspension from training and/or competition.
3. Elimination of coaching, travel and other benefits.
4. Turning the offending party or parties over to the local or state authorities if the offense is a violation of existing laws.

(The number of offenses will be accrued over the career of the athlete.)

1. First offense: The sanction for the first offense will be in effect on the next IMD quota trip for which the athlete is qualified in addition to any further sanctions imposed by the athlete's home program (in the case of independent athletes, by the athlete's parents). The Intermountain ACC Chairman and IMD Director are to be notified by the program or parents of the sanctioned athlete within 72 hours of the disciplinary action.
2. Second Offense: The sanction for the second offense will be in effect for one calendar year from the infraction. The Intermountain ACC Chairman and IMD Director are to be notified by the program or parents of the sanctioned athlete within 72 hours of the disciplinary action.
3. Third Offense: The athlete will be permanently ineligible for all Intermountain and Western Region quotas as well as for out of region FIS and out of division USSA races.

In addition to the sanctions any athlete who is arrested may be left in the custody of the police until his/her parents arrange for his/her release and return home.

Athletes involved in a major rule violation who do not admit guilt at the time of the infraction will have the failure to admit guilt at that time count as an additional major violation of the rules for purposes of determining the sanction that will be applied.

### Discipline Guidelines for Minor Violations

1. Sanctions for minor violations will be determined by the Head Coach for the event in consultation with other members of the coaching staff for the event, and may range from assignment to appropriate work details to suspension of some or all team services. Course reports, assistance with inspection, and the right to compete will not be revoked for minor violations.
2. Minor violations after the last race of an event, or recurring minor violations may result in a requirement that the racer travel and house with his/her parents for the next Intermountain quota event for which he/she qualifies. This decision will be made by majority decision of the Head Coach for the event at which the violation took place, the Program Director of the athlete's home program (or a parent for an independent racer), and the Intermountain ACC Chairman.

### **Agreement**

I, the undersigned racer, having read and understood the Team Rules above, agree to abide by them when I am at an event or traveling to or from the event.

I realize that a violation of these rules may result in my suspension from competition, and in the loss of any or all team services. I understand that I will forfeit the entire team fee in this case.

I realize that actions which are violations of the law may result in my being arrested, and that I may be left in the custody of the police until my parents arrange for my release and transportation home.

In the case of suspension from competition at the event, I understand that I have the right to immediately appeal against this suspension to USSA and I am familiar with the procedure that I must use to exercise this right. In the case of all other sanctions applied by the division, I understand that I have the right to a hearing before an impartial panel appointed by the Intermountain President. To exercise this right, I must request the hearing within five days of my verbal notification of the impending action or of the mailing of written notification of the impending action to the address on file with the Intermountain ACC. I may request a reasonable time to prepare my case, but must be prepared to appear prior to the entry deadline for the next event in which I wish to participate.

This agreement shall be valid for the entire 2009-2010 competition season.

\_\_\_\_\_  
Name of Racer (please print clearly)

\_\_\_\_\_  
Ski Club Affiliation

\_\_\_\_\_  
Signature of Racer

\_\_\_\_\_  
Date

**Racers under 21 years of age must have the following section signed by both parents or legal guardians.**

We, the undersigned, parents or legal guardians of the above racer, having read and understood the Team Agreement, agree to allow our child to participate in Intermountain teams for which he/she may be eligible.

\_\_\_\_\_  
Signature of Father or legal guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Mother or legal guardian

\_\_\_\_\_  
Date

**Completed forms must be returned to:**

**Intermountain Division  
1770 W. State St. #343  
Boise, Idaho 83702**

## 2009-2010 Intermountain Division Medical Release

(Please **PRINT CLEARLY** using black ink. Copies must be legible.)

### ***Competitor Information / All information must be complete***

Name \_\_\_\_\_ Address \_\_\_\_\_

Birth date \_\_\_\_\_ City, State \_\_\_\_\_

e-mail address \_\_\_\_\_ Club affiliation \_\_\_\_\_

Telephone \_\_\_\_\_

**Father** \_\_\_\_\_ **Mother** \_\_\_\_\_

Home Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

### ***Insurance Coverage***

Company \_\_\_\_\_ Identification # \_\_\_\_\_

Policy Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

### ***Medical History***

Allergies \_\_\_\_\_

Medication \_\_\_\_\_

Other Medical  
Information \_\_\_\_\_

### ***Competitor Medical Release***

Parent hereby authorizes USSA, USSA/Intermountain Division and/or their named coaches, to secure any hospital, medical, dental or surgical care, treatment and/or procedures for the above named competitor. Parent also consents that in the event of injury to the competitor, coaches can sign for competitor to receive care, treatment and/or procedures, under the instructions and directions of the licensed physicians on call at the emergency room of the nearest hospital or emergency facility.

The coaches shall notify Parent at the earliest possible time during or after such care, treatment and/or procedures. Parent knowingly and voluntarily consents in advance to such care, treatment and or procedures to encourage the physicians and coaches to exercise their best judgment as to the requirements of such care, treatment and/or procedures. Parent specifically indemnifies and holds harmless USSA, USSA/Intermountain Division, and their named coaches from any and all costs arising out of such care, treatment and/or procedure.

\_\_\_\_\_  
Father's or Guardian's Signature

\_\_\_\_\_  
Mother's or Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

OVER

## ***Hold Harmless and Indemnity Agreement***

For the consideration of ski racing instruction, training, and coaching performed by USSA and/or USSA/Intermountain Division, we, the parents or legal guardians of \_\_\_\_\_ do hereby covenant and agree to hold harmless USSA, USSA/Intermountain Division, and any of their employees, named coaches, or volunteers for any injuries sustained by our child or ward herein named above occurring out of natural activities of ski racing instruction, racing, or traveling to and from races or training camps.

\_\_\_\_\_  
Father's or Guardian's Signature

\_\_\_\_\_  
Mother's or Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

## ***USSA Insurance Policy***

USSA rules require that competitors be covered by valid and sufficient accident insurance. Proof of this insurance must be carried by the competitor and be available at each race or camp so that prompt medical care can be obtained, if ever needed.

## ***Agreement***

We have read and understood the Insurance Policy statement. The insurance policy listed on the front of this form meets the requirements of the USSA Insurance Policy and will be maintained in force while the competitor is involved in a USSA or USSA/Intermountain camp or team or while participating in any event on a USSA or USSA/Intermountain quota. We agree that we are responsible for any and all medical charges and we agree that we will promptly reimburse USSA and USSA/Intermountain Division for any expenses that they or their coaches incur on behalf of the competitor.

\_\_\_\_\_  
Competitor's Signature

\_\_\_\_\_  
Parent's or Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

**Completed forms must be returned to:**

**Intermountain Division  
1770 W. State St. #343  
Boise, Idaho 83702**